

a full-service spa & salon  
in the heart of downtown Las Cruces



Menu of Services

# Spa Facials

## Teen Facial \$88

This facial is designed to control and prevent oily, acne prone skin, and can be tailored for dry or sensitive skin types. Session also includes product recommendation, education and instruction for proper home skin care.

## • Acne Resurfacing Spa Facial \$94

• This beta and alpha-hydroxy acid cocktail is a safe and outstanding resurfacing modality with a dual benefit. It reduces and treats acne while resurfacing, and smooths the skin after just one treatment. Neck and shoulder massage not included.

## • Power Bright Spa Facial \$94

• This treatment delivers a more luminous glow, helps minimize brown spots and discoloration, while brightening and clarifying uneven skin tone. Includes neck and shoulder massage.  
• Add Microdermabrasion (to face) \$68  
• Add Neck and Décolleté \$72

## • Hydrating Vitamin C Spa Facial \$94

• Our revolutionary treatment uses a blend of Vitamins A, C, E and F to promote cellular turnover and restore vitality, texture and moisture to dehydrated, dull skin. Includes neck and shoulder massage.  
• Add Microdermabrasion (to face) \$68  
• Add Neck and Décolleté \$72

## • O2 Spa Facial \$99

• Our advanced treatment exfoliates, illuminates and oxygenates, while utilizing a cutting edge effervescent mask that infuses oxygen at the cellular level. Plant stem cell enhancers rejuvenate and prevent signs of aging. Includes neck and shoulder massage.  
• Add Microdermabrasion (to face) \$68  
• Add Neck and Décolleté \$72

## Anti-Aging Spa Facial \$99

Our superior treatment is designed to slow the process of premature aging, reduce the signs of wrinkles, brighten dull skin and fight free radicals while locking in moisture for a plump, supple complexion. Active ingredients include retinol, vitamin-infused serums and a blend of acids. Includes neck and shoulder massage.  
Add Microdermabrasion (to face) \$68  
Add Neck and Décolleté \$72

## Microdermabrasion \$88

This safe and effective skin rejuvenation uses a mildly abrasive instrument to gently exfoliate your skin, removing the thicker, uneven outer layer. It can improve light scarring, sun damage, fine lines and wrinkles, discoloration, and an overproduction of oil. Includes calming serum and moisturizer with sunscreen.

## Add-Ons

Collagen Eye Treatment \$15  
Hydrating Lip Treatment \$15

# Corrective Facial Treatments

## Anti-Aging Peel \$94

Our most popular peel! This resurfacing glycolic and retinol treatment exfoliates dead surface skin cells, improves circulation leaving skin firmer and healthier, and helps to visibly reduce the appearance of fine lines.  
Add Microdermabrasion (to face) \$68  
Add Neck and Décolleté \$72

## Acne Peel \$94

This beta and alpha-hydroxy acid cocktail safely controls and reduces all kinds of acne, while resurfacing and smoothing the skin.  
Add Microdermabrasion (to face) \$68  
Add Neck and Décolleté \$72

### **Brightening Peel \$94**

Balance your complexion with this mega-lightening treatment that gently blends lactic acid and a cocktail of lightening and brightening agents to reduce sun spots, brown spots and the redness caused by rosacea. This peel leaves skin silky smooth and supple, with a noticeably healthy glow.

Add Microdermabrasion (to face) \$68

Add Neck and Décolleté \$72

## *Advanced Peels*

*Requires prior consultation.*

**Advanced Anti-Aging Peel \$210**

**Advanced Acne Peel \$195**

**Advanced Brightening Peel \$210**

## *Therapeutic Body Massage*

### **The Spa Downtown Signature Massage**

This European technique is used to improve circulation, ease muscle tension, improve flexibility and create deep relaxation. Massage pressure ranges from light to firm. Includes your choice of doTerra essential oil blends, as well as warm towels on the feet.

30 minutes \$54

60 minutes \$82

90 minutes \$122

### **The Spa Downtown Deep Tissue Massage**

A technique of slow, firm pressure is used to focus on releasing muscle tension in the deepest layers of tissue, tendons and fascia. Includes your choice of doTerra essential oil blends, as well as warm towels on the feet.

60 minutes \$92

90 minutes \$132

### **The Spa Downtown Signature Couple's Massage**

Two Swedish-style massages are performed in the same room. Massage pressure can range from light to firm and includes your choice of essential oil blends, as well as warm towels on the feet.

60 minutes \$156

90 minutes \$224

### **Hot Stone Massage**

Smooth, warmed basalt stones are gently placed on the muscles of your back, shoulders and other areas of your body to promote deep tissue relaxation. The hot stones are then integrated into your massage.

60 minutes \$92

90 minutes \$132

### **Cold Stone Massage**

Chilled marble stones are used on areas of the body to relieve stress, anxiety and reduce inflammation, all while increasing circulation and boosting energy levels. The stones are then incorporated into your massage. This is an excellent treatment for headaches, sinusitis and high blood pressure.

60 minutes \$92

90 minutes \$132

### **Prenatal Massage**

After the first trimester, expectant mothers may enjoy massage to help relieve leg cramps, swelling, body aches and muscle pain. Body pillows are used to support and comfort you and your little one.

60 minutes \$82

90 minutes \$122

### **Sports Massage**

While fully clothed, this session uses deep or firm pressure, along with stretching of specific muscle groups and connective tissue to alleviate pain, avoid injury and promote flexibility.

30 minutes \$54

60 minutes \$82

## Lymphatic Drainage Massage

The lymphatic system helps remove waste and toxins from the body's tissues. This effective and gentle technique can aid in reducing swelling, as well as improve circulation throughout the body.

60 minutes \$82  
90 minutes \$122

## Cupping Therapy

This modality uses special cups on your skin to create a deep suction and negative pressure, which may help alleviate deep muscle pain, inflammation and stiff muscles. It loosens the tissue and stimulates blood flow, creating a release of toxins. Includes some massage.

60 minutes \$92  
90 minutes \$132

## Reflexology of the Feet & Hands

Reflexology involves applying different amounts of pressure to the feet, hands and ears. It's based on a theory that these body parts are connected to certain organs and body systems. The pressure applied is believed to bring relaxation and healing to the corresponding area of the body.

30 minutes \$58  
60 minutes \$86

## Nourishing Hand Rejuvenation \$28

Enjoy a gentle hand exfoliation and warming mitts, followed by hydrating shea butter moisturizer.

## doTerra Aromatherapy Scalp Massage add-on \$28

Complete your experience with a blissful scalp massage using your choice of doTerra oil blends. A must-have addition to any body treatment!

## Muscle Relief Massage Oil / Creme add-on \$14

Choose the healing benefits of muscle relief oil to take your body treatment to the next level!

## Body Polish and Wraps

### The Spa Downtown Signature Body Wrap

After a soothing dry-brushing of your body, your therapist will apply a warm blend of detoxifying, firming or hydrating Shea Butter Cream and wrap your body snug and warm, allowing your skin to absorb all the wonderful nutrients. A warm, hydrating moisturizer finishes off this treatment, leaving your skin silky smooth.

60 minutes \$92

### Exfoliating Body Polish

Our relaxing and skin softening Exfoliating Body Polish nourishes your skin as it exfoliates, so you're left feeling soft and smooth.

30 minutes \$54

Exfoliating Body Polish + 60 Minute Massage \$128

Exfoliating Body Polish + 90 Minute Massage \$168

Exfoliating Body Polish + Wrap \$136

Exfoliating Body Polish + Wrap  
+ 60 Minute Massage \$216

Exfoliating Body Polish + Wrap  
+ 90 minute Massage \$254

## Body Waxing

Our safe & gentle French products provide hair removal for even the most sensitive areas.

Brow Shaping (Wax or Tweeze) \$22

Lip & Brow \$34

Lip \$16

Chin \$16

Lip and Chin \$30

Face (Includes Neck) \$54

Chest or Back \$60+  
Sideburns \$22  
Neck Line \$24  
Ears \$14  
Nose \$14  
Bikini \$58  
Brazilian (Initial Visit) \$80  
Brazilian (within 4 weeks) \$75  
Belly Button / Tummy \$22  
Half Arms \$42 / Full Arms \$62  
Underarms \$28  
Half Legs \$50 / Full Legs \$90

## Manicures

### The Spa Downtown Signature Manicure \$32

Rejuvenate and moisturize your hands with our aromatherapy salt scrub, hand massage and hydrating moisturizer. Includes cuticle cleaning, nail shaping, hand and arm massage, and finishing polish.

Gel Polish add-on \$12

Add Paraffin \$8

### Naked Manicure (Buff / No Polish) \$28

Treat rough hands with our relaxing soak, aromatherapy exfoliating salt scrub, hydrating paraffin wax and rejuvenating massage. Includes cuticle cleaning, nail shaping and buff.

Add Paraffin \$8

### Rockstar Manicure \$26

Enjoy cuticle cleaning, nail shaping and salt scrub, followed by a gentle hand massage and polish. For guests 12 and under.

Add Paraffin \$8

### Nail Art

French Manicure add-on \$10

Exquisite Artistry \$5+

## Gel Overlay

Natural Nails \$52

Add length with tips \$62

Add length with forms \$72

### Gel Fill

2 Weeks \$42

3 Weeks \$52

Foreign Fill \$62

Gel Removal \$15

## Pedicures

### The Spa Downtown Signature Pedicure \$55

Treat rough heels and soles with our relaxing foot soak, aromatherapy exfoliating salt scrub, hydrating paraffin wax and foot massage. Includes cuticle cleaning, nail shaping and polish.

Gel Polish add-on \$12

### Naked Pedicure (Buff / No Polish) \$50

Treat rough heels and soles with our relaxing foot soak, aromatherapy exfoliating salt scrub, hydrating paraffin wax and foot massage. Includes cuticle cleaning, nail shaping and buff.

### Hot Stone Pedicure \$65

This specialized pedicure uses heated rocks to encourage relaxation in your legs and feet. If your feet undergo wear and tear in daily life, a hot-stone treatment may be just what you need to compliment your pedicure!

### Rockstar Pedicure \$48

Indulge in this sassy foot treatment! Includes cuticle cleaning, nail shaping, exfoliating salt scrub, foot massage and polish. For guests 12 & under.

## Hair Cutting

Women's Haircut + Wash + Style \$50

Men's Haircut + Wash + Style \$30

Barber Cut + Wash + Style \$30

Junior's Haircut \$35

For guests ages 12 - 17.

Child's Haircut \$30

For guests 12 and under.

Bang Trim \$15

Beard Trim \$20

## Hair Styling

Wash + Blow Out + Styling starting at \$42

Formal Styling starting at \$52

Blow Out Packages

Package of Three \$114

Package of Five \$184

Hair Braiding

Consultation recommended. Price may vary depending on desired result.

## Hair and Scalp Repair Treatments

Olaplex Hair Conditioning Treatment

Extreme hydration and repair for colored, dry, over-processed hair. Price may vary depending on product usage and length.

Single-service starting at \$45

Olaplex Color Conditioning Treatment

Add-on to hair service \$35

Dry Scalp Treatment \$45

Combat dry scalp with specific products designed to hydrate and nourish.

Keratin Smoothing Treatment starting at \$225

Natural keratin treatment penetrates the cuticle to dramatically reduce frizz, repair existing cuticle damage and block the effects of humidity. Leaves hair smooth, soft and shiny! Price may vary depending on length.

## Hair Coloring

Color - New Growth \$78

Color - New Growth & Refresh \$95

Hilites / Lowlites - Partial

Pricing starts at \$85

Hilites / Lowlites - Full Head

Pricing starts at \$120

Bleach & Tone

Pricing starts at \$100

Specialty Color

Specialty coloring and techniques such as Balayge, Baby Lights, etc. Pricing starts at \$150

Color Correction

Consultation recommended. Pricing starts at \$200

Color Gloss, Shine or Toner

Pricing starts at \$65

Hair Extensions

by Consultation

## EyeLash Extensions

Lash Extensions Natural - Full Set  
\$150

Lash Extensions Natural - Fill within 2 weeks  
\$75

Lash Extensions Natural - Fill within 3 weeks  
\$90

Lash Extensions Volume - Full Set  
\$185

Lash Extensions Volume - Fill within 2 weeks  
\$85

Lash Extensions Volume - Fill within 3 weeks  
\$105

Lash Extension Removal  
\$30

## Lashes and Brows

**Lash Tint \$28**  
Create a truly dramatic effect with natural, long-lasting tint for lashes. Lasts up to 8 weeks. Add a Lash Lift for the ultimate treatment!

**Lash Lift \$85**  
Fantastic lash curl lasting up to 8 weeks.

**Brow Tint \$22**  
Create a truly dramatic effect with natural, long-lasting tint for brows. Lasts up to 8 weeks. Add Brow Waxing for the complete look!

## Makeup Artistry

Makeup Application for Daytime \$55  
Strip lashes not included

Makeup Application for Evening \$70  
Includes strip lashes

Makeup Application for Bride \$85  
Includes strip lashes

False Lashes Application \$20

## Spa Packages

**Couple's Retreat \$425**  
60 minute Couple's Massage  
2 The Spa Downtown Spa Facials  
2 The Spa Downtown Pedicures

**Downtown Diva \$436**  
The Spa Downtown Spa Facial  
Exfoliating Body Polish + Hydrating Wrap +  
60 minute Massage  
The Spa Downtown Pedicure  
The Spa Downtown Gel Manicure  
Hair Conditioning Treatment + Blow Out  
*Includes Spa snacks and beverage*

**Mommy-to-Be! \$290**  
90 minute Prenatal Massage  
The Spa Downtown Spa Facial  
The Spa Downtown Pedicure  
Hair Conditioning Treatment + Blow Out  
*Includes Spa snacks and beverage*

**Ask about our Ladies' Spa Days,  
Birthday and Bachelorette Parties!**



# the SPA downtown

## *Cancellation Policy*

Your appointments are important to all members of our team at The Spa Downtown. Time allocated for an appointment is reserved especially for you. If you must reschedule or cancel your appointment, please notify us at least 24 hours before your scheduled appointment to avoid being charged the full service fee. A credit card number is required at the time appointment(s) are booked. Thank you in advance, and we look forward to seeing you soon!

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